

## Easy to use, better adherence

Your access to DoctorME will be via an online patient record that contains all relevant patient information, e.g. medication, comorbidities and patient data. Based on patient-specific data, algorithms determine therapy recommendations. Stored algorithms are based on the current ESC guidelines for heart failure treatment. In addition, DoctorME will use machine learning to ensure needs-based and individualised treatment. DoctorME is currently being tested in a clinical trial where all DoctorME recommendations are reviewed by study physicians before being given to patients.

The recommended therapy has an additional aim of motivating the patients to engage and self-manage and to increase treatment adherence. The app is programmed to be user-friendly. Through the playful use of learning units and serious gaming patients can learn a lot about their disease.



## What is DoctorME able to do?

- Guideline-based therapy, adapted to the individual needs of the patient
- Empowerment of patients through improvement of self-management skills
- Quick therapy adjustment
- More clinician time for patients with higher disease complexity, through efficient app-led performance of routine tasks
- Up-to-date reports of the individual health status of your patients.

DoctorME is based on ESC guidelines, supplemented by machine learning and is committed to the highest ethical and data protection standards.

For more information, please visit:  
[www.nweurope.eu/passion-hf](http://www.nweurope.eu/passion-hf)  
or via:



## Around the clock: safety for your heart failure patients



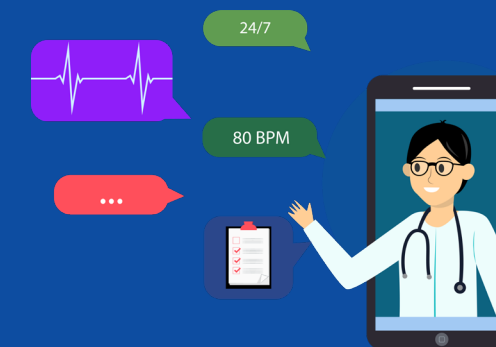
## DoctorME: Caring Together 24/7

A personal therapy companion for your patients

## Relief, more patient information, scientifically supervised

Time is scarce and valuable for medical professionals. Patients, especially those with chronic diseases, such as chronic heart failure, should be cared for comprehensively. The innovative digital application (app) "DoctorME" is being developed to offer patients personalized heart failure therapy. DoctorME is an internet-based application that asks patients about their wellbeing, symptoms and vital signs on a regular basis and when needed.

Based on the input of patient status variables, plus additional clinical data, such as echocardiography and laboratory results, DoctorME provides individualised therapy recommendations, which during the trial period, you as a doctor approve. In the future, this data will be automatically passed on to your patients. This will save time for you and your team, you will also receive clear and concise therapy-relevant data.

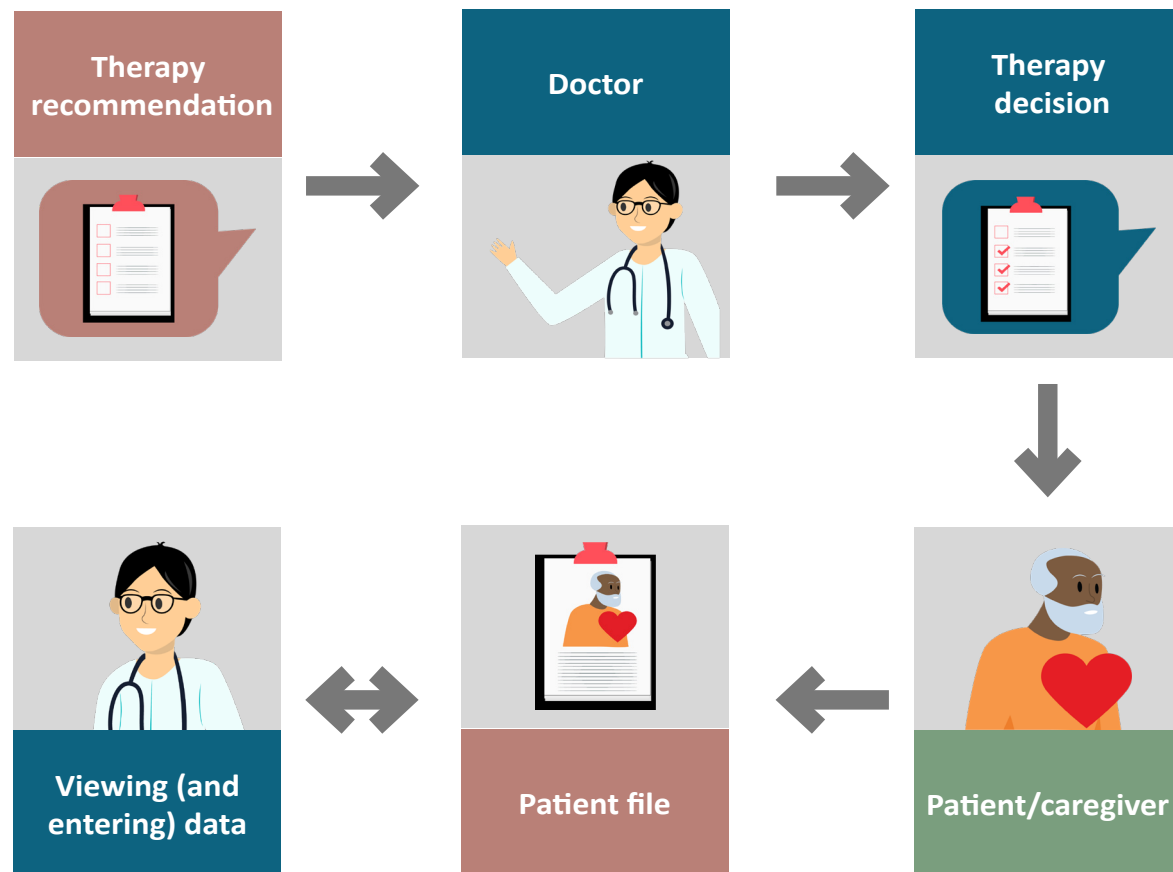


The development of DoctorME is funded by the European Union as part of the PASSION-HF project where medical and technology experts work closely together. The PASSION-HF concept is evidence-based and follows current European Society of Cardiology (ESC) clinical guidelines for the treatment of patients with heart failure.



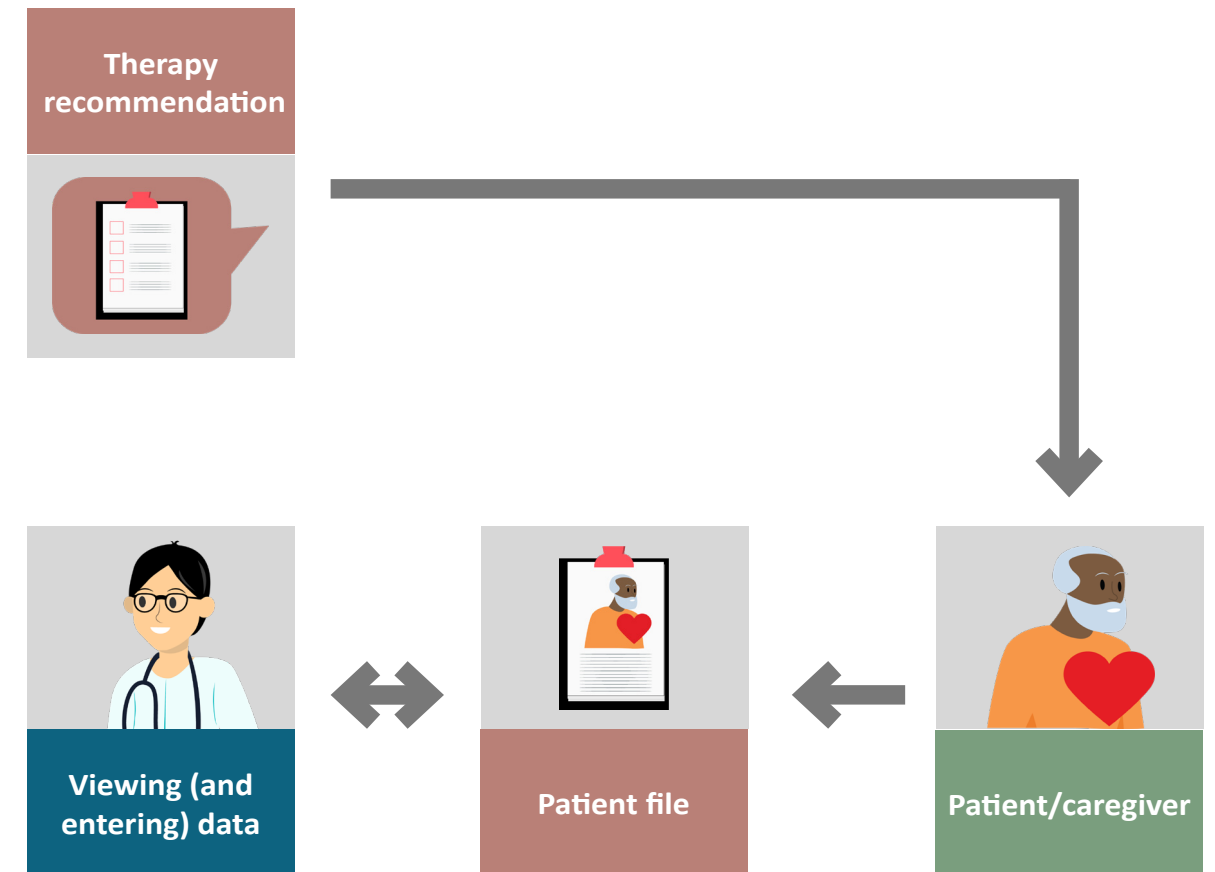
## How does DoctorME work in complex cases?

In complex cases, DoctorME gives a therapy recommendation. This is checked by you as the doctor. You either confirm the therapy recommendation of the app, or make a different therapy decision. Your final decision will be forwarded to the patient.





## How does DoctorME work in routine cases?


In uncomplicated standard cases, DoctorME gives patients a therapy recommendation that the app can implement directly.



LEGEND:

 concerns patients

 concerns doctors

 DoctorME data & information