A day with DoctorME - your personal therapy guide

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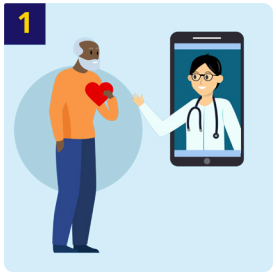

DoctorME welcomes you and asks you how you are doing. You enter the requested data, e.g. blood pressure values.

2

If the therapy can be improved or if there are signs of irregularities, DoctorME gives you a recommendation, e.g. the medication recommendation adapted to you.

3

If you feel uncomfortable or have questions, DoctorME can provide quick help in the form of counseling or answering the questions.

4

DoctorME gives expert instructions on how to act in a specific situation - personalized to you - anytime, anywhere.

DoctorME is for you if:

- You are a patient with chronic heart failure
- You want to be well taken care of all the time
- You want to be less dependent on doctor visits
- You are looking for high scientific and medical standards in the treatment of your heart failure
- You want to influence your own health and improve your quality of life.

DoctorME will be tested in a clinical trial starting in June 2021.

For more information, please visit:
doctor-me.eu

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Despite heart failure: Enjoy life with the best possible care!

DoctorME: Caring Together 24/7

Your personal therapy companion around the clock, wherever you are!

Interreg North-West Europe
PASSION-HF
European Regional Development Fund

A little closer to ideal care: the PASSION-HF-concept

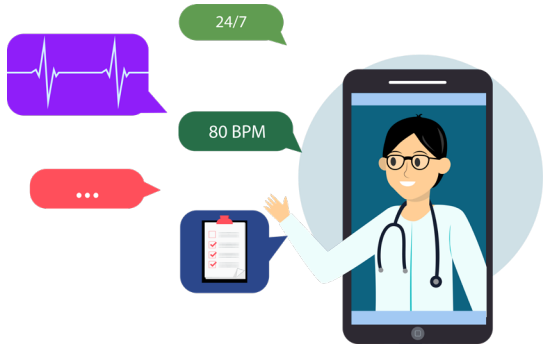
Chronic heart failure is complex and can be difficult to manage. However, if your condition is treated regularly, it can stabilize over time, perhaps even improve . Yet, as survival rates for heart attacks improve, and as society ages, the number of patients with heart failure is growing. This means that physicians have to take care of more patients than ever before.

Also, at the same time, there are fewer physicians, for example in rural areas. To meet this growing challenge, the European Union is promoting the PASSION-HF-concept. This means “helping heart failure patients with passion”.

The aim of the PASSION-HF concept is to offer patients a therapy that is personally tailored to their needs, and which they can easily implement themselves. In this way, PASSION-HF follows the principle of moving away from standardized therapy for everyone, and ensuring doctor visits only when it is really necessary.

Around the clock, 7 days a week: DoctorME - your personal therapy assistant

DoctorME was developed from the PASSION-HF-concept. DoctorME is a digital application (app) that can be used via a mobile phone. DoctorME uses current medical guidelines and learns from medical experience data and behavioral rules. This enables individual adaptation of management to suit you. Your personal therapy guide is available around the clock, seven days a week. Without the direct involvement of medical professionals, DoctorME can give you quick guidance on the ideal dose of your heart failure medications in everyday situations and check if your health is stable. You will be guided, encouraged and supported by DoctorME.



DoctorME will give you quick feedback, for example, to adjust your medication to your current needs. If the situation is too complex, your attending physician will be involved. They will make the final treatment decision.

Always all data within reach

You can use the app to regularly record up-to-date data about your condition, such as blood pressure, your medications, or your daily health status. Through regular use, the system learns and becomes more informed. In addition, you and your relatives also have the opportunity to learn much about the disease. This is made ‘fun’, thanks to the app’s advanced technologies.

Importantly, your data is treated confidentially at all times, as the very highest ethical and European data security standards are followed.

You, as a patient with chronic heart failure, can enjoy your life while being well taken care of around the clock, every day of the week. DoctorME helps you to manage your health yourself, to deal confidently with your own chronic disease and to increase your own quality of life.